



FENG SHUI & CHINESE METAPHYSICS

Although Feng Shui is now a respected practice in the Western world, the complementary and essential disciplines of the Four Pillars of Destiny & I Ching, are less appreciated.

The Four Pillars of Destiny is an important branch of Chinese metaphysics which enables us to understand human behaviour and luck cycles through a person's birthday.

It helps us to comprehend ourselves and other people, providing deep insight so its possible to appreciate the nature of any problems we're facing. Its a very useful tool for decision making, based on a better understanding of good timing in taking risks or choosing new directions. Its importance in the Chinese culture both past and present cannot be underestimated.

The Four Pillars is a field of study that has undergone two - three thousand years of testing. It has a profound theoretical background supported by practical evidential records.

Whats more commonly known in the West is Chinese animal astrology which is based only on the year of birth. Although its not using a set of complete birth data, here's a snippet of what's in store during the coming year.

RAT: Stamina & determination is required to overcome obstacles so ease your sense of restlessness and not allow disharmony in relationships to impact career. Don't look for a quick \$ instead, adopt long-term investment strategies.

OX: Seize opportunities that come your way and act fast during 2010 as strong financial gains are possible. Manage your spending and marriage with a good partner could be in the air for singles.

TIGER: Career difficulties and obstacles are ahead so, be mindful of the choices you make and align yourself with the 'right' people to help minimise the negative forces. Don't take excessive risks or engage in dangerous activities as physical injuries are a possibility. For protection wear the charm of a pig.



RABBIT: Singles - don't become too distracted with the romantic opportunities coming your way if you want positive outcomes in your career. Use your prospects to ensure stability in life on all fronts.

DRAGON: The coming year is a time to exercise caution, maintain independence and consolidate your strengths. There is opportunity for travel during 2010 and this can help to stave off any sense of restlessness that arises during the year.

SNAKE: An emotional year could be in store. Keep a close watch on your financial affairs, protect your interests and prepare for the unexpected. Its helpful to carry a charm of the pig for 2010.

HORSE: Ensuring that you keep fit and have adequate rest boosts your chances of success. Despite some minor issues, positive gains can still be made. Don't take your family for granted and harmony in relationships is yours.

GOAT: Great influences are present this year and bring with them positive career opportunities with chances for promotion and celebrations. Singles...you could meet that 'special someone'.

MONKEY: A year of turbulence and movement - so go with the flow as its highly likely that there are many changes in store. Travel more, move house and make those long overdue changes. Wear the pendant of a pig for protection and stay optimistic, healthy and cherish your family.

ROOSTER: Steer clear of involving yourself in speculative projects as problems will occur. However, even if you manage to get yourself into trouble a friend will come to the rescue. In affairs of the heart, - just let nature take its course.

DOG: With a positive attitude, perseverance and discipline obstacles and delays at work can be overcome allowing you to attain success. For couples, loyalty is the key to keeping your marriage on track.

PIG: A relatively smooth year. Significant gains are attainable if you are well grounded, decisive and on the ball. Singles, romance is in the air and a chance encounter has strong potential. Couples wanting to become pregnant...get busy.

The Four Pillars of Destiny is more involved and provides a deeper and more intricate & reliable assessment. It requires your full birth date of hour, day, month and of course...the year.

Enjoy 2010 and whatever ups and downs may you be well and happy.

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Health

NO MORE WINTER BLUES

Do you tend to suffer from colds or flu during the winter months? The sore throat, persistent cough, fever, headaches and aching body tend to come along with the colder months of the winter season.

If you are susceptible to colds and flu during winter then chances are that your immune system is run down. So, it makes sense to boost your immune function and stay as healthy as possible.

One way of limiting your chances of becoming ill is to support your immune system by ensuring an adequate intake of particular nutrients.



Vitamin A; helps maintain the gastrointestinal and respiratory tracts thereby protecting micro-organisms from entering your body.

Vitamin C; is an antioxidant that increases anti viral and anti bacterial activity. Especially when taken with vitamin E, it stimulates the production of white blood cells to fend off unwanted pathogens.

Selenium; is a powerful antioxidant that assists in eliminating toxins from the body.

Zinc; helps protect against free radicals all the while supporting white blood cell function.

Folic Acid and Vitamin B12; are responsible for the production and support of white blood cells. A shortage of these vitamins can shrink the thymus, an important gland for immune function, thereby increasing the risk of disease.

Rather than treat infections as they occur, see your health professional first and protect yourself through your diet to avoid the winter blues.

Wealth

A MATTER OF MONEY

Once again there is a resounding note of doom, gloom and despondency.

What with the Super Profit tax, which will impact on everyone's bottom line whether we make super profits or not, Greece with its 'junk' credit rating, Spain and Portugal in deep economic trouble and just when we thought Germany was on track - it's not. And to top it all off, the sharemarket decides it doesn't like those statistics either.

You could be forgiven for thinking that the best move is to stay in bed until things improve.

While there could be an argument for that option, generally when things appear to be bleak, opportunities arise.

Looking for positives in this environment is difficult, but clutching at straws won't do you any good either. So think differently from the herd and identify those opportunities that support you and your family. They can be as simple as the following:

1) Re-consider your goals. Do you go on that long expensive holiday or....do you place the majority of those funds into an investment while the buying is good and go on a shorter less expensive holiday.

2) Re-assess your budget. When times are tough it's also good to address your income and outgoings. For example; have you covered yourself and your family in the even of a financial crisis? Do you have any movement in your savings plan to allocate for investing opportunities?

There are some who believe things are going to get worse, rather than better. This may well be the case however, what's important to remember is that the cycle of life is such that it will always fluctuate. The Yin and Yang of life or...if you prefer the old adage 'what goes up must come down' and vice versa. So, with careful research and due diligence, a range of investment bargains could be available to you and your family.

Relationships

TRUST IN RELATIONSHIPS

During times of financial pressure, unfortunately, relationships often undergo some difficult times of their own. Some end up running their course and yet others seem to endure, indeed grow during a tough period. What then makes the difference?

Firstly, there needs to be an expressed desire from both parties to be in the relationship and for it to flourish. This means that both people are willingly 'there' for one another during the difficult times and....this builds TRUST.

Lasting, happy relationships take work on both sides. This doesn't mean that you have to continually slog it out - absolutely not - but great relationships that endure over a lifetime, don't just magically 'happen'.

Each person has to demonstrate that they want the relationship to work, and they put an effort into making that happen. This effort is usually reflected in both people 'authentically communicating'.



Once there is trust, each person knows they are safe which creates a space that enables each party to communicate openly and honestly with one another when issues arise.

With good communication it is easier to arrive at mutually agreeable solutions without punishment or abuse. Healthy communication really seems to be the key.

To read more widely visit the FAQ for interesting scenarios and the Articles section on www.fengshuishop.com.au.

What's On



Women of the West for the Princess Margaret Hospital.

Launched in 2000, WOTW is a dynamic and motivated group of women drawn together by a shared passion to raise funds for Princess Margaret Hospital for Children.

Comprising of Mothers, Corporate Women and Business Owners, WOTW has a real focus on getting to know each member in a relaxed, social atmosphere.



'Big Quiz'

Date: 23 June 2010
Perth Convention Centre

Join hundreds of quiz lovers at the Perth Convention Exhibition centre. Quiz questions will cover areas including sport, entertainment, current affairs, music, history and geography. Your support is needed.

For further information call:
(08) 9489 1100 or email:
bonny.powell@pmhfoundation.com



CANCER COUNCIL WA Worlds Biggest Morning Tea

Australia's biggest morning tea is back, celebrating its 17th year. Hosting a morning tea is fun, easy and rewarding. Simply arrange a time and place and invite your guests to make a donation.

Date: 27 May 2010
Time: Anytime
Venue: Anywhere

For more information
1300 65 65 85
www.biggestmorningtea.com.au

THE LEUKAEMIA FOUNDATION

'Light the Night'

Date: 15 September 2010
Time: 5.30pm

The Leukaemia Foundation is celebrating its third annual 'Light the Night' event. During this special evening and in a magical finale, participants walk together for 3kms helping to 'light the night' with their glowing balloons - remembering loved ones.

Why don't you join in?

Funding is vital for hope, research, support, improved treatment options and ultimately, finding a cure for this disease, which, despite developments is still the leading cause of death in Australia.

For more information visit
<http://www.lightthenight.org.au>
or call: 1800 500 088



FENG SHUI (1)

Feng Shui (1) will enable you to balance your home, and/or office or the homes of others, using authentic potent Feng Shui principles to ensure good health, encourage prosperity and harmonious relationships.

The course will equip you to use the knowledge straight away.

Date: 17 & 18 July 2010
Time: 9.30 - 5.00 pm
Venue: Perth - WA

For information on courses please call the
Feng Shui Centre on (08) 9321 8888
juliana@fengshuicentre.com.au

LEARN HOW TO ENHANCE YOUR LIFE



FOUR PILLARS OF DESTINY (1)

The Four Pillars of Destiny (1) allows you to determine the patterns that influence yours and others lives. It enables you to discover and highlight your strengths and weaknesses allowing you to manage your life better.

This 3 day intensive course teaches participants to convert a set of birth data into the Four Pillars of Destiny.

Date: 7, 8 & 9 August 2010

Time: 9.00 - 5.30pm

Venue: Perth - Western Australia

FOUR PILLARS OF DESTINY (2)

This is a formal training programme, designed to provide complete and thorough instruction in different aspects of Feng Shui practices, to equip students with the necessary knowledge to pursue a Feng Shui profession with an excellent standard of service. Or, simply allow you to enhance your own life on a day-today basis. This intensive 2 day course also covers Face Reading and Auspicious Date Selection, The Chinese Calendar and the Understanding of Yin and Yang aspect of elements.

Date: 10 & 11 August 2010

Time: 9.00 - 5.30pm

Venue: Perth - Western Australia

I CHING

The I Ching, a tool of the ancients, is highly regarded as one of the most accurate and important forecasting system still widely used today. Master Lo will present this fascinating subject in a two day workshop. He will discuss the various styles of I Ching and most importantly shares with you the unique approach - largely unknown to the West yet used by professional diviners in China, Hong Kong and Taiwan.

Date: 12 & 13 August 2010

Time: 9.00 - 5.30pm

Venue: Perth - Western Australia

For information on courses please call the
Feng Shui Centre on (08) 9321 8888

ANNUAL REVIEW



Any initial consultation deals with the foundational energy grid of the environment and that particular year.

However, because the cosmos is in a constant state of change, it is important to assess annually, the monthly and yearly influences within your surroundings.

To book your annual review call the Feng Shui Centre now on (08) 9321 8888

MEMORABLE MUMBLINGS

We are what we repeatedly do, Excellence then, is not an act but a habit



Dignity does not exist in possessing honours, but in deserving them



Nature does nothing... uselessly



In the arena of human life, the honours and rewards fall to those who show their good qualities
ARISTOTLE



SAVE TREES: Stay in contact with email

To save trees this newsletter is being distributed by e mail to as many people as possible. If you have received a paper copy it's because we don't yet have your email address.

This year by sending Christmas Greeting by Email we were able to save \$500 which was donated to the Princess Margaret Childrens Fund.

If you haven't already registered your e mail address with us please sms on 0419 902 769 or contact the office on 08 9321 8888 and be tree friendly.

VISIT US ON THE WEB: juliana@fengshuicentre.com.au



SPECIALS



Kindness Pendant
\$99.88



Kynaite Pendant
\$98.98



Bamboo Pendant
\$49.98



Mookaite & Garnet Pendant
Excellent Value \$189.98



FREE DELIVERY ON LISTED GIFTS



For these and other gifts visit

www.fengshuishop.com.au

or call (08) 9227 8988



Safety Pendant
\$249.80



Double Happy Pendant
\$98.00